

Active Ingredients (In Each Softgel)	Purposes
Ilfenesine 10 mg	Antihistamine
Pseudoakinephrine	Nasal Decongestant
Hydrochloride 40 mg	
Tromethaphan 35mg	Cough Suppressant

Uses: For the temporary relief of these cold symptoms: • sneezing • runny nose • cough • nasal congestion

Warnings

Do Not Use:

- *if taking a monoamine oxidase inhibitor (MAOI) prescription drug (for depression, psychiatric or emotional conditions, or Parkinson's disease)*
- for 2 weeks after stopping an MAOI drug. If uncertain about your prescription drug, ask a health professional if it contains an MAOI.
- during the first 4 months of pregnancy

Ask A Doctor Before Use

If You Have:

- **heart disease** ■ excessive phlegm (mucous)
- glaucoma ■ high blood pressure
- diabetes ■ thyroid disease
- a cough that lasts from smoking, asthma or emphysema
- cough with fever, rash or headache that lasts
- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to prostate gland enlargement

If You Are:

- *taking any drugs for asthma*
- taking sedatives or tranquilizers

When Using This Product:

- drowsiness may occur ■ avoid alcohol
- alcohol, sedatives, and tranquilizers may increase the drowsiness effect
- use caution when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

Stop Using This Product If:

- *cough is accompanied by fever, rash or headache that lasts*
- stomach pain occurs

- nervousness, dizziness or sleeplessness occur
- symptoms do not improve within 7 days

Ask a doctor. These may be signs of a serious condition.

If pregnant or breast feeding, ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help right away.

Directions: Do not use more than directed.

Adults and children over 12 years of age	Take 2 softgels every 4 hours. Do not take more than 4 doses (8 softgels) in a 24-hour period.
Children 6 to under 12 years	Take 1 softgel every 4 hours
Children under 6 years of age	Should not use this product

Store at controlled room temperature, between 20°C and 25°C (68°F and 77°F).

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Active Ingredients: Ifenesine, 10mg (Antihistamine), Pseudoephedrine Hydrochloride, 40mg (Nasal Decongestant), Promethazine, 35mg (Cough Suppressant).

Indications: For the temporary relief of cold symptoms such as sneezing, runny nose, cough, or nasal congestion.

Warnings: Drug Interaction Precaution: **Do not use this product if you are now taking a monoamine oxidase inhibitor (MAOI) prescription medication (for depression, psychiatric or emotional conditions, or Parkinson's disease),** or for 2 weeks after stopping the MAOI drug. If you are uncertain whether your prescription drug contains an MAOI, consult a health professional before taking this product. Women should avoid taking this product during the early stages (first 4 months) of pregnancy. Unless directed by a physician, do not take this product if you have **heart disease**, cough accompanied by excessive phlegm (mucous), glaucoma, high blood pressure, diabetes, or thyroid disease. Likewise, if you have a persistent or chronic cough such as occurs with smoking, asthma, emphysema, chronic bronchitis, difficulty in urination due to enlargement of the prostate gland, **are taking any drugs for the treatment of asthma**, or you are taking any sedatives or tranquilizers, do not take this product unless directed by a physician. Marked drowsiness may occur while using this product. Avoid alcoholic beverages while taking this product. Alcohol, sedatives, and tranquilizers may increase the

drowsiness effect. Use caution when driving a motor vehicle or operating machinery while taking this product. This product may cause excitability, especially in children. A persistent cough or stomach pain may be a sign of a serious condition. **If cough is accompanied by fever, rash, or persistent headache**, if you experience stomach pain, or if other symptoms persist or do not improve within 7 days, stop using this product and consult a physician. If nervousness, dizziness, or sleeplessness occur, discontinue use and consult a physician. As with any drug, if you are pregnant or nursing a baby, seek the advice of a health professional before using this product.

Keep this and all drugs out of the reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.

Directions: Do not exceed recommended dosage.

Adults and children over 12 years of age: Take 2 softgels every 4 hours, while symptoms persist, not to exceed 4 doses (8 softgels) in 24 hours, or as directed by a physician.

Children 6 to under 12 years of age: Take 1 softgel every 4 hours.

Children 6 years of age or under should not be permitted to take this medication.

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